

BREAKFAST

SERVED ALL DAY

GLUTEN FREE BREAD AVAILABLE **\$1.5**

BREAKFAST SPECIAL \$14

TWO EGGS ANY STYLE, DOUBLE SMOKED BACON OR
BREAKFAST SAUSAGE, HASHBROWNS & TOAST

CHALLAH FRENCH TOAST \$15

VANILLA, CINAMON, BANANAS, NUTS & FRESH FRUIT

EGGS BENEDICT \$17

SERVED ON POTATO LATKES WITH PANCETTA,
HOLLANDAISE & HOUSE SALAD

LOX BENEDICT \$17

SERVE ON POTATO LATKES, HOUSE CURED LOX, RED
PEPPER ARTICHOKE SPREAD, HOLLANDAISE & HOUSE
SALAD

DELI SCRAMBLE \$16

SMOKED MEAT, SALAMI, TURKEY BREAST, PEPPERS,
GREEN ONIONS, TOMATO, CHEDDAR CHEESE, THREE
EGGS, HASHBROWNS & TOAST

SMOKED & POACHED BREAKFAST

POUTINE \$17

MONTREAL SMOKED MEAT, CHEESE CURDS, POACHED
EGGS SERVED ON HASHBROWNS TOPPED WITH
HOLLANDAISE & TOAST

BREAKFAST BAGEL \$12

MONTREAL SMOKED MEAT, FRIED EGG, CHOICE OF
SWISS OR CHEDDAR CHEESE, PLAIN OR SESAME BAGEL
& HASHBROWNS

BREAKFAST BURRITO \$12

DICED SAUSAGE, RED PEPPER, GREEN ONION,
SCRAMBLED EGG, CHEDDAR CHEESE, SALSA, SOUR
CREAM & HASHBROWNS

FROM THE DELI CASE

FROZEN ENTRÉES

SMOKED MEAT SHEPHERD'S PIE

MAC'N CHEESE

CLASSIC MEAT LASAGNA

VEGETARIAN LASAGNA

BRISKET CHILI

VEGETARIAN CHILI

\$20.00 EACH



COLD CUTS

MONTREAL SMOKED MEAT

\$4.25 /100 GR

ALL BEEF SALAMI

\$3.25 / 100 GR

SMOKED TURKEY BREAST

\$4.25 /100 GR



SALADS

EGG SALAD

\$2.25 / 100 GR

TUNA SALAD

\$3.50 / 100 GR

CHICKEN SALAD

\$4.00 / 100 GR

COLESLAW OR POTATO SALAD

\$2.25 / 100 GR

GRUMANS
DELICATESSEN
MOSTLY TRADITIONAL • SINCE 2005

RESTAURANT MENU



GRUMANS DOWNTOWN

230 11th Ave. SE
Calgary, Alberta T2G 0X8
Tel: (403) 261-9003 ext. 2
Email: info@grumans.ca
www.grumans.ca

Open Tuesday - Saturday
10:00 am - 3:00 pm

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BUBBY'S HOMEMADE CHIPS \$6

SERVED WITH ONION DIP

REUBEN ROLL \$4

SERVED WITH RUSSIAN DRESSING

SMOKED MEAT ROLL \$4

SERVED WITH YELLOW MUSTARD

LOX PLATE \$10

CREAM CHEESE, CAPERS, RED ONION & RYE CRISPS

POTATO KNISH \$2

FLAKY PUFF PASTRY FILLED WITH

POTATO AND CARAMELIZED ONION

POTATO LATKE \$2

POTATO PANCAKE WITH SOUR CREAM

VERENIKES \$2

WITH SOUR CREAM AND SAUTEED ONIONS

DEEP FRIED PICKLES \$6

SERVED WITH CHIPOTLE AIOLI

KOSHER STYLE PICKLES \$1.5

SOUPS

CHICKEN MATZO BALL \$6

DAILY FEATURE \$6

SALADS

GRUMANS HOUSE SALAD \$9

WITH CHEVRE, PUMPKIN SEEDS, DRIED CRANBERRIES

& HONEY BALSAMIC DRESSING

\$6 / SIDE

ADD GRILLED CHICKEN \$6

COBB SALAD \$15

SMOKED MEAT, SMOKED TURKEY, EGG, TOMATO, GREEN

ONION, CHEDDAR CHEESE, MIXED GREENS, HONEY

DIJON VINAIGRETTE

DELI SALAD PLATE \$15

2 SCOOPS OF YOUR CHOICE: EGG, TUNA, CHICKEN

SALAD WITH TOMATOES, CUCUMBERS & RED ONION ON

MIXED GREENS, HOUSE DRESSING

SANDWICHES

(CHOICE OF SIDE)

COLESLAW, POTATO SALAD, HOUSE CUT FRIES,

BUBBY'S HOMEMADE POTATO CHIPS, LATKES,

KNISH, VERENIKES

SUB SOUP OR SALAD \$2

SUB SIDE POUTINE \$4

MONTREAL SMOKED MEAT \$16

CARAWAY RYE & MUSTARD

GRUMANS REUBEN \$17

SMOKED MEAT, SAUERKRAUT, SWISS CHEESE,

RUSSIAN DRESSING, GRILLED CARAWAY RYE

GRILLED SPECIAL \$16

ALL BEEF SALAMI, SMOKED MEAT, MUSTARD,

GRILLED CARAWAY RYE

ZAIDY SIZE (20Z MORE) ANY OF THE

ABOVE FOR \$2

DELI SUB \$17

SMOKED MEAT, ALL BEEF SALAMI, TURKEY

BREAST, SWISS CHEESE, LETTUCE, TOMATO, HOT

MUSTARD ON GRILLED CIABATTA

EGG SALAD \$13

ON TOASTED MULTIGRAIN WITH LETTUCE, TOMATO,

CUCUMBER & MAYO

TUNA OR CHICKEN SALAD \$15

ON TOASTED MULTIGRAIN WITH LETTUCE, TOMATO,

CUCUMBER & MAYO

TUNA MELT \$17

SWISS CHEESE, TOMATO, ALBACORE TUNA, OPEN

FACED ON CHALLAH BREAD

CHICKEN BREAST CLUB \$17

CHARGRILLED HERBED CHICKEN BREAST, APPLEWOOD

CHEDDAR, PANCETTA, TOMATO, LETTUCE, RED

ONION, CARAMELIZED ONION AIOLI ON A TOASTED

BUN

SMOKED TURKEY CLUB \$17

WITH BACON, TOMATO, LETTUCE, RED ONION &

PESTO AIOLI

KOSHER ALL BEEF HOT DOG \$13

SAUERKRAUT, MUSTARD, TOASTED BUN

MAPLE BACON CHEESE BURGER \$18

7OZ GROUND CHUCK, MAPLE PEPPERED BACON,

APPLEWOOD CHEDDAR, CRISPY ONIONS, TOMATO SALSA,

GRUMANS HOUSE SAUCE, TOASTED BUN

VEGETARIAN BELLA BURGER \$18

PANKO CRUSTED PORTABELLA MUSHROOM CAP FILLED

WITH SEASONAL GRILLED VEG, MOZZARELLA CHEESE

TOMATO SALSA, PESTO AIOLI, TOASTED BUN

DENVER SANDWICH \$14

SCRAMBLED EGGS, SMOKED MEAT, PEPPERS & GREEN

ONIONS, CHOICE OF TOAST

BUBBY'S FAVORITES

SMOKED MEAT POUTINE \$15

MONTREAL SMOKED MEAT, CHEESE CURDS, FRIES &

GRAVY

BAGEL, LOX & CREAM CHEESE \$17

HOUSE CURED ATLANTIC SALMON LOX, CREAM CHEESE,

CAPERS & RED ONION

CHICKEN POT PIE \$18

CHICKEN, VEGETABLES, PUFF PASTRY & HOUSE SALAD

BRISKET PHILLY CHEESESTEAK \$18

A RECIPE STOLEN FROM BUBBY!

SLOW OVEN ROASTED BEEF BRISKET WITH PEPPERS,

ONIONS, SWISS CHEESE, HORSERADISH AIOLI,

GRILLED CIABATTA